

Search EzineArticles.co | Search

- [Join](#)
- [Sign In](#)
- [About Us](#)
- [Contact Us](#)
- [Expert Authors](#)
- [Ask Chris Knight](#)

[Home](#)

[Home](#) » [Expert Authors](#) » Scott Kallal

[Join](#) [Sign in](#)



Custom Search | Search

Author Alerts:

Get notified by email when new articles are written by Scott Kallal!

Email Address:

We will never sell or rent your email address

Subscribe

[Scott Kallal RSS Feed](#)

Scott Kallal



Platinum Level Expert Author

Joined EzineArticles on Dec 7, 2011

65 Published Articles:

5,930 Article Views:

[5 Article Niches:](#)

Achievements



[View All »](#)

[Suggest A Topic Report This Author](#)

About Scott Kallal

Fr. Scott Kallal is one of the first Apostle of the Interior Life priests whose ministry primarily consists of spiritual direction and helping young people discern their vocations. After studying bioengineering at the University of Illinois at Urbana-Champaign where he was a FOCUS student leader, he got his STB from the Pontifical University of the Lateran and his STL from the Pontifical Institute of Spirituality Teresianum. When he's not out dominating the ultimate frisbee field or hanging with his brother Apostles, he is on a mission to lead men to glory.

[More from Scott Kallal](#)

[Search](#)

Search Articles By Scott Kallal

Recent Articles By Scott Kallal

[Everyone Says I'm Supposed to Have a Spiritual Director, But How Do I Choose a Good One?](#)

[Self Improvement: Spirituality](#) • Published: December 26, 2012

Have you been told you need a spiritual director? Ever wonder what the criteria are for choosing a good one?

[Malcolm Gladwell, Spaghetti Sauce, and Vocational Discernment](#)

[Self Improvement: Spirituality](#) • Published: December 21, 2012

What does Malcolm Gladwell's TED talk on spaghetti sauce have to do with you discerning your vocation? More than you might think...

[Feeling Overwhelmed by Your Ministry? Here Is a Process the Devil Won't Want You to Know About](#)

[Self Improvement: Spirituality](#) • Published: December 19, 2012

Are you tired of feeling overwhelmed in your ministry? Are you wondering what ever happened to the fullness of life Jesus promised? What if you could discover a process for reconnecting with God's will for your life?

[Come Away And Rest Awhile - How To Keep Your Ministry From Killing You](#)

[Self Improvement: Stress Management](#) • Published: December 19, 2012

Do you ever feel like your ministry is killing you? Yeah, you love it, but sometimes you just wish you could escape? Well, here is a secret formula to bring balance back to your life so you don't have to feel that way ever again, unless you want to.

[Is Your Ministry Killing You? Check Out These Signs of an Unhealthy Addiction](#)

[Self Improvement: Stress Management](#) • Published: December 17, 2012

Do you know someone addicted to their ministry? Is it you? Find out now and get help.

[Gianna Jessen to Catholic Men: Be the Man You Were Made to Be! Be Braveheart!](#)

[Self Improvement: Inspirational](#) • Published: December 14, 2012

Gianna Jessen survived a saline abortion. Now she goes around encouraging men and women to be what God made them to be. Here's her message to Catholic men.

[Some Good in This World Worth Fighting For: Drawing Inspiration From My Little Brother](#)

[Self Improvement: Inspirational](#) • Published: December 7, 2012

"There's some good in the world Mr. Frodo, and it's worth fighting for..." For me this good has a name and a face, and it's my little brother Steven...

[How Do I Tell My Family I Think God Is Calling Me to Be a Priest? Or a Nun? 5 Steps](#)

[Self Improvement: Spirituality](#) • Published: November 27, 2012

For all young men who feel a call to the priesthood, there comes a time when you've got to tell your family. Sometimes that's a scary moment. How do you do it? Here a five steps to this crucial conversation so you can confidently share this good news with the people you love most...

[9 Trends You Need to Know In the New Evangelization](#)

[Self Improvement: Innovation](#) • Published: May 11, 2012

There has been much talk about what the New Evangelization is, but very little about where it's going. Here are nine key trends for understanding the future of the New Evangelization.

[Are You Playing the Dating While Discerning Game? Get Out of the Confusion Now](#)

[Self Improvement: Spirituality](#) • Published: May 8, 2012

Are you confused by trying to date while you discern? Get out of the confusion now and get some clarity. This solution's not pretty, but it works.

[How Long Does It Take to Discern Your Vocation? Separating Fact From Fiction](#)

[Self Improvement: Spirituality](#) • Published: April 30, 2012

Some people think it takes years to discern your vocation. Others say it happens in an instant. Who's right? The answer may surprise you...

[How Many Vocations Are There?](#)

[Self Improvement: Spirituality](#) • Published: April 23, 2012

How many vocations do you say there are? One? Two? Four? Infinite? Now is the time to speak up and gain some clarity.

[Scared God May Be Calling You to Be a Priest? How This Former Fratboy Built Unlimited Trust in God](#)

[Self Improvement: Spirituality](#) • Published: April 16, 2012

Not sure you can trust God with your whole life? Join the club, and then join the club of those who have found a solution by using one of my most powerful secrets for Strategic Discernment.

[Are You Depressed? How a Song Saved My Life](#)

[Kids and Teens](#) • Published: April 9, 2012

High school was rough for me. Ever been there? I would have blown my brains out if it hadn't been for this one song.

[Discerning Your Vocation? Don't Blow It - Get Free of the God Has a Fixed Plan Myth](#)

[Self Improvement: Spirituality](#) • Published: April 5, 2012

Are you one of the many young people who fear that God has a fixed plan for their life that you must carry out perfectly or else? Worse, are you afraid you've already blown it? What if there is still a way for you to pursue your vocation with confidence?

[Catholic Women: Going on a Nun Run? Here Are Some Questions You'll Want to Ask](#)

[Self Improvement: Spirituality](#) • Published: March 30, 2012

Are you at that exciting time in your journey when you're ready to go visit some religious communities? Do you know what to ask? Here's some help for your journey...

[Catholic Men: Doubt You Are Worthy to Be a Priest? 14 Words That Changed My Life Forever](#)

[Self Improvement: Inspirational](#) • Published: March 30, 2012

In the summer of 2002, I was lost and confused in trying to figure out if God wanted me to be a priest, but the words of Fr. Salvatore turned all that around. You won't believe what he told me.

[Wondering If God Wants You to Be a Priest? 3 Easy Ways to Discern](#)

[Self Improvement: Spirituality](#) • Published: March 26, 2012

Thousands of Catholic young men wonder if God is calling them to be a priest. Are you? Good news. You can finally get some clarity with these 3 simple ways.

[Catholic Men: Thinking About Being a Priest? How This Frat Boy Became a Priest](#)

[Self Improvement: Spirituality](#) • Published: March 26, 2012

In the fall of 2001, I was a frat boy studying bioengineering at the University of Illinois in Urbana-Champaign. Shortly after returning to school, Sr. Susan invited me to join her and her sisters for a parish mission during Thanksgiving Break. I remember thinking, "No way. I'm not spending my break with a bunch of nuns." I told her, "Thanks sister, but I'm either going to be relaxing with my family or hanging with my fraternity brothers."

[St. Joseph - Model of Fatherhood](#)

[Self Improvement: Inspirational](#) • Published: March 20, 2012

In a world where fatherhood is under attack, let us look to Joseph as our model. In particular Jesus' foster father is an example of 3 key virtues: strength, wisdom, and love...

[View all of Scott Kallal's published articles](#)

Scott Kallal's Expert Niches

[Self Improvement: Spirituality](#): 57

[Self Improvement: Inspirational](#): 4

[Self Improvement: Stress Management](#): 2

[Self Improvement: Innovation](#): 1

[Kids and Teens](#): 1

More From Scott Kallal

Social Networking Links

Facebook: <http://www.facebook.com/scott.kallal>

Facebook Fan: <http://www.facebook.com/groups/411662298848876/>

Google+: <https://plus.google.com/114006257557550380117>

LinkedIn: <http://www.linkedin.com/in/scottkallal>



Submitting your suggestion ...

Suggest A Topic To Scott Kallal

You can suggest a topic or article headline you would like see Scott Kallal write about.

Your request could not be completed because a suggestion was not provided.

0 / 100

Suggested Topic:

Suggestion should be 6 to 100 characters in length.

[Cancel](#)

Report Scott Kallal

Please report Scott Kallal if you suspect he/she is involved in any fraudulent practices or has violated our Editorial Guidelines or Author's Terms of Service.

Your Name:

Your Email Address:

Message about this author:

Incorrect please try again

Enter the words above: Enter the numbers you hear:



[Get an image CAPTCHA](#)

[Help](#)

[Cancel](#)

[EzineArticles.com](#)

- [About Us](#)
- [FAQ](#)
- [Contact Us](#)
- [Member Benefits](#)
- [Privacy Policy](#)
- [Shop](#)
- [Site Map](#)

- [Blog](#)
- [Training](#)
- [Video Library](#)
- [Advertising](#)
- [Affiliates](#)
- [Cartoons](#)

Authors

- [Submit Articles](#)
- [Members Login](#)
- [Premium Membership](#)
- [Expert Authors](#)
- [Endorsements](#)
- [Editorial Guidelines](#)
- [Terms of Service](#)

Publishers

- [Terms Of Service](#)
- [Ezines / Email Alerts](#)
- [Manage Subscriptions](#)
- [EzineArticles RSS](#)

© 2019 EzineArticles
All Rights Reserved Worldwide